

15 March 2021

Dear UCU Member

Education Support is the UK's only charity dedicated to supporting the mental health and wellbeing of staff in schools, colleges and universities. We have commissioned a research study to improve our understanding of work-related wellbeing needs of staff working in Higher Education (HE). This research study aims to gain insight into how the demands and uncertainties currently experienced by HE staff have impacted on their wellbeing. These insights will inform our service development and shape our thinking on how we can provide meaningful support to those in the HE sector who need it most.

This survey will provide data which builds on an existing three wave dataset from 2008-2014. This previous research was conducted by Professor Gail Kinman and Dr Siobhan Wray with UCU, who are also conducting this study. The survey you are being asked to complete now includes key measures used previously, such as the Health and Safety Management Standards Indicator, and scales assessing mental health and work-life balance. It will provide a fourth wave of data.

We hope you can fill in the survey, and are confident that your contribution will help us to develop an overall picture of the needs in the HE sector, as well as informing our future campaign and policy work.

If you have any questions about this survey, please contact Lead Researcher, Dr Carol Savill-Smith on [research@edsupport.org.uk](mailto:research@edsupport.org.uk).

Yours



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