

Caring for the Carers

A UCU guide for members and reps



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Contacts

UCU Equality and Participation

Carlow Street, London NW1 7LH

Email: egadmin@ucu.org.uk
Web: www.ucu.org.uk
Tel: 020 7756 2500

UCU National

Carlow Street, London NW1 7LH

Email: hq@ucu.org.uk
Web: www.ucu.org.uk
Tel: 020 7756 2500

Trades Union Congress

Congress House
Great Russell Street
London WC1B 3LS

Web: www.tuc.org.uk
Tel: 020 7636 4030

ACAS

Euston Tower
286 Euston Road,
London NW1 3JJ

Web: www.acas.org.uk
Tel: 0300 123 1100 free support and advice
Please visit the website for Regional Offices

Age UK

Tavis House
1-6 Tavistock Square
London WC1H 9NA

Web: www.ageuk.org.uk
Tel: 0800 169 2081

Carers - UK

20 Great Dover Street
London SE1 4LX

Email: info@carersuk.org
Web: www.carersuk.org
Tel: 020 7378 4999
Advice line: 0808 808 7777

Carers - Northern Ireland

58 Howard Street
Belfast BT1 6JP

Email: advice@carersni.org
Web: www.carersni.org
Tel: 028 9043 9843

Carers - Scotland

The Cottage
21 Pearce Street
Glasgow G51 3UT

Email: info@carerscotland.org
Web: www.carerscotland.org
Tel: 0141 445 3070

Carers - Wales

River House
Ynys Bridge Court
Cardiff CF15 9SS

Email: info@carerswales.org
Web: www.carerswales.org
Tel: 029 2081 1370

Carers Trust – Head Office

32 – 36 Loman Street
London SE1 0EH

Web: www.carers.org
Tel: 0844 800 4361
Fax: 0844 800 4362

Carers Trust – London

14 Bourne Court
Southend Road
Woodford Green
London IG8 8HD
Tel: 0844 800 4361

Carers Trust – Scotland

Skypark 3
Suite 1/2
14/18 Elliott Place
Glasgow G3 8EP
Tel: 0300 123 2008

Carers Trust – Wales

Third Floor
33-35 Cathedral Road
Cardiff CF11 9HB
Tel: 0292 009 0087

Crossroads – Caring for Carers

7 Regent Street
Newtownards
Northern Ireland BT23 4AB
Web: www.crossroadscare.co.uk
Tel: 028 9181 4455
Email: mail@crossroadscare.co.uk

Disability Rights UK

Ground Floor
CAN Mezzanine
49-51 East Road
London N1 6AH
Web: www.disabilityrightsuk.org
Tel: 020 7250 8181
Email: enquiries@disabilityrightsuk.org

Education Support Partnership

Web: www.educationsupportpartnership.org.uk
Tel: 08000 562 561
Text: 07909 341 229
Email: support@edsupport.org.uk

Crossroads – Caring for Carers

7 Regent Street
Newtownards
Northern Ireland BT23 4AB
Web: www.crossroadsyoungcarers.com
Tel: 028 9181 4363
Email: ycarer@crossroadscare.co.uk

Equality and Human Rights Commission

Web:
<http://www.equalityhumanrights.com/about-us/about-commission/contact-us>
Please visit the website for list of offices in Manchester, London, Cardiff

National Union of Students

275 Gray's Inn Rd
Kings Cross
London WC1X 8QB
Web: www.nus.org.uk
Tel: 0845 5210 262

The following organisations can offer advice depending on the type of care provided or required

Dementia UK

Second floor
Resource for London
356 Holloway Road
London N7 6PA
Web: www.dementiauk.org
Tel: 020 7697 4160
Email: info@dementia.org

Macmillan Cancer Support

89 Albert Embankment
London SE1 7UQ
Web: www.macmillan.org.uk
Tel: 0808 808 0000

Mencap (England)

123 Golden Lane
London EC1Y 0RT
Web: www.mencap.org.uk
Tel: 0808 808 1111
Email: help@mencap.org.uk

Mencap (Wales)

Email: helpline.wales@mencap.org.uk

Mencap (Northern Ireland)

Email: helpline.ni@mencap.org.uk

Mind (England)

15-19 Broadway
Stratford
London E15 4BQ
Web: www.mind.org.uk
Tel: 020 8519 2122
Email: contact@mind.org.uk

Mind (Wales)

3rd Floor, Quebec House
Castlebridge
5-19 Cowbridge Road East
Cardiff CF11 9AB
Tel: 0292 039 5123

Parkinson's (England)

215 Vauxhall Bridge Road

London SW1V 1EJ

Web: www.parkinsons.org.uk

Tel: 020 7931 8080

Email: hello@parkinsons.org.uk

Parkinson's (Northern Ireland)

Wellington Park Business Centre

3 Wellington Park

Malone Road

Belfast BT9 6DJ

Tel: 028 9092 3370

Email: northernireland@parkinsons.org.uk

Parkinson's (Scotland)

Suite 1-14

King James VI Business Centre

Riverview Business Park

Friarton Road

Perth PH2 8DT

Tel: 0344 255 3724

Email: scotland@parkinsons.org.uk

Parkinson's (Wales)

Maritime Offices

Woodland Terrace

Maesycloed

Pontypridd CF37 1DZ

Tel: 0344 225 3785

Email: wales@parkinsons.org.uk

Resources

University and College Union

UCU film: Social Model of Disability

This short film was produced to support Disability History Month and explains the social model of disability <http://www.ucu.org.uk/disabmem>

JNCHES Guidance on Work Life Balance

The aim of this document is to assist Higher Education institutions (HEIs) to achieve standards of good practice in work-life balance by implementing comprehensive and effective local policies.

http://www.ucu.org.uk/media/pdf/5/f/jnches_worklifebalance_feb08.pdf

FE National Agreement on Equality

UCU, in agreement with six other unions and associations, have produced a model policy relating to disability equality in FE institutions.

http://www.ucu.org.uk/media/docs/g/n/feeng_disequal_nov09.doc

Briefing on new shared parental leave and flexible working

This document gives an overview of what the new provisions entail and draws together information from previous UCU briefings and guidance from ACAS and the TUC.

http://www.ucu.org.uk/media/pdf/m/2/Shared_parental_leave_guidance_spring_15.pdf

Reasonable Adjustment

This guidance will examine exactly what the law says, look at some examples and case studies, and discuss how UCU reps can best approach negotiating reasonable adjustments for members.

http://www.ucu.org.uk/media/pdf/s/a/Reasonable_adjustments.pdf

Disability Leave

UCU guidance gives advice on disability leave and advises branches of what should be included in negotiated policies

http://www.ucu.org.uk/media/pdf/o/j/ucu_disabilityleave_may12.pdf

Enabling not disabling

First issued in 2006, this updated guidance takes into account changes to equality legislation

https://www.ucu.org.uk/media/1625/Enabling-not-disabling-UCU-Nov-15/pdf/ucu_enablingnotdisabling_nov15.pdf

Tackling HIV Discrimination at Work

The resource gives advice to UCU branches about how to ensure supportive conditions in the workplace for people living and working with HIV

http://www.ucu.org.uk/media/pdf/g/6/ucu_hivguidance_nov09.pdf

Trades Union Congress

Social Model of Disability

The TUC has published a new guidebook on the social model of disability to help unions and their members improve equality for disabled people within unions and in the workplace.

<https://www.tuc.org.uk/sites/default/files/socialmodel.pdf>.

TUC blog summarising the reasons for using the social model of disability

<http://touchstoneblog.org.uk/2015/3/social-model-of-disability-whats-that-about/>

Time off and flexible working for Carers

If you are juggling work with caring for a relative who is ill, frail or disabled, this leaflet outlines six things you need to know.

https://www.tuc.org.uk/sites/default/files/TimeOffforCarers_0.pdf

Online and Telephone Assistance

Benefits check online

www.entitledto.co.uk/benefits-calculator
www.turn2us.org.uk/benefits_search.aspx

Carers UK Advice line

0808 808 7777

Legislation – relevant sections relating to carers and young carers (England)

Employment Rights Act 1996

Right to request flexible working (Part 8A, s80F)

http://www.legislation.gov.uk/ukpga/1996/18/pdfs/ukpga_19960018_en.pdf

Equality Act 2010

Protected Characteristics (Part 2, Chapter 1, s4-s12)

http://www.legislation.gov.uk/ukpga/2010/15/pdfs/ukpga_20100015_en.pdf

The Care Act 2014

Promoting individual well-being (Part 1, s1)

Integration of care and support with health services (Part 1, s3)

Providing information and advice (Part 1, s4)

Meeting needs for care (Part 1, s8)

Assessing needs (Part 1, s9)

Assessment of a Carer's needs for support (Part 1, s10)

Eligibility criteria (Part 1, s13)

Duty and power to meet a Carer's needs for support (Part 1, s20)

Care and support plan (Part 1, s25-26)

Continuity of care and support (Part 1, s37)

Human Rights Act 1998 (Part 1, s73)

Disabled children in transition (Part 1, s59, s60)

Parent Carers in transition (Part 1, s61, s62)

Young Carers in transition (Part 1, s63, s64)

Involvement in assessments (Part 1, s67)

http://www.legislation.gov.uk/ukpga/2014/23/pdfs/ukpga_20140023_en.pdf

The Children and Families Act 2014

Young Carers (Part 5, s96)

Parent Carers (Part 5, s97)

http://www.legislation.gov.uk/ukpga/2014/6/pdfs/ukpga_20140006_en.pdf

Legislation – relevant sections relating to carers and young carers (Northern Ireland)

Carers and Direct Payments Act (Northern Ireland) 2002

The entire Act covers the provisions of Carers' needs, assessment, services and payments

http://www.legislation.gov.uk/nia/2002/6/pdfs/nia_20020006_en.pdf

Legislation – relevant sections relating to Carers and Young Carers (Northern Ireland) continued

Health and Social Care (Amendment) Act (Northern Ireland) 2014	Amendments Consequential on the 2009 Act (s3) http://www.legislation.gov.uk/nia/2014/5/pdfs/nia_20140005_en.pdf
Northern Ireland Act 1998	Statutory Duty on Public Authorities (s75) http://www.legislation.gov.uk/ukpga/1998/47/pdfs/ukpga_19980047_en.pdf

Legislation - Scotland

Carers (Scotland) Act 2016	The entire Act covers Carers including Young Carers http://www.legislation.gov.uk/asp/2016/9/pdfs/asp_20160009_en.pdf
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Legislation – relevant sections relating to Carers and Young Carers (Wales)

The Social Services and Well Being (Wales) Act 2014	Overview of the Act (Part 1, s1) Key terms (Part 1, s3) Overarching duties (Part 2, s5-s6) Assessment of needs (Part 2, s14, s15, s17) Assessing adults (Part 3, s19) Assessing Carers (Part 3 s24-s29) Meeting support needs of a Carer (Part 4, s40-s45) Direct payments to meet a Carer’s needs (Part 4, s52) www.legislation.gov.uk/anaw/2014/4/pdfs/anaw_20140004_e..pdf
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